Unit V – Problem 7 – Pharmacology: Cephalosporins

- What is the mechanism of action of cephalosporins?

- Binding to penicillin Binding Protein (PBP) present in the bacterial wall.
- Inhibiting cell wall synthesis by blocking transpeptidase step.
- Activating autolytic enzymes.

Notice that cephalosporins are bactericidal (killing the bacteria directly).

- Cephalosporins generations according to activity \rightarrow as you progress from 1st to 4th generation:
 - Activity against gram (+) bacteria decreases.
 - Activity against gram (-) bacteria increases.
 - Resistance to β-lactamase increases.
 - CNS penetration increases.

- How are cephalosporins excreted?

- Urinary excretion.
- Bile (for 3rd generation. Example: cephatrioxin).

Cephalosporin generations:

Cepharosporm generations.	
1 st generation (cefazolin and cephalexin)	 Notice that cefazolin is used for prophylaxis in surgery. They are very active against gram (+) bacteria.
	They are active against some gram (-) bacteria such as: klebssila pneumonia and Proteus.
	• They cannot penetrate CNS, so they are not used for meningitis.
	They are not effective against bacteroid fragilis.
2 nd generation	• They are more active against gram (-) bacteria when compared with 1 st generation.
(cefotetan and	They cannot penetrate CNS.
cefoxitin)	 They have more resistance to β-lactamase.
	They are effective against B.fragillus.
3 rd generation (cefoperazone and cefotaxmin)	 They have extended range of activity against gram (-) bacteria. They penetrate CNS. Therefore, they are used for treatment of meningitis. They are effective against B.fragilius and P.aeruginosa.
4 th generation (cefepime and cefpirome)	 Most effective against gram (-) bacteria as well as gram (+) bacteria. Used for treatment of meningitis. Works on bacteria which are resistant to 3rd generation cephalosporins. Have greatest resistance against: Eneterobacter, Citrobacter and Pseudomonas.
5 th generation	Broad spectrum anti MRSA (Methicillin Resistant S.Aureus) and
(ceftobiprote and	CAP.
ciftaroline)	• Used to treat S.aureus and skin infections.

- Adverse effects of cephalosporins:

- **Hypersensitivity reaction** (10% cross reaction with penicillin), patients who had anaphylactic shock before should not be taking it!
- **Superinfection**: bacteria + fungi.
- **Nephrotoxicity**: especially with 3rd generation cephalosporins.
- Hypoprothrombinemia.

- Cefazolin is used for prophylaxis:

- Low cost.
- Well tolerated (IM and IV).
- Long half-life.
- Good penetration (high tissue levels).
- Give 30-60 minutes before incision to reach blood and tissues at time of incision.
- Give a 2nd dose if the operation will last more than 3 hours.
- Post-surgical: 2 or 3 doses.

