## - Esophageal Carcinoma:

- Age: most commonly occurring in males over 50 years of age.
- Site of malignancy (keep in mind that the length of esophagus is 25 cm, so it can be divided into three parts):
  - ✓ Upper third: 20%
  - ✓ <u>Middle third</u>: 50% (most commonly: squamous cell carcinoma which is considered as the commonest esophageal tumor worldwide).
  - ✓ Lower third: 30% (most commonly: adenocarcinoma).

## • Histology:

- ✓ <u>Normal epithelium of the esophagus</u>: non-keratinized squamous epithelium.
- ✓ When malignancy occurs, the following changes will occur in the epithelium:
  - ♦ Abnormal epithelium (metaplasia)  $\rightarrow$  dysplasia  $\rightarrow$  malignancy.

## • Factors associated with esophageal carcinoma:

Squamous cell carcinoma (common in upper 1/3)	Adenocarcinoma (common in lower 1/3)			
<ul> <li>Achalasia: a deficiency of myenteric ganglion cells at the zone junction resulting in failure to relax lower esophageal sphincter (LES) and there will be no peristalsis</li> <li>Esophageal strictures: they can develop to malignancy over time. These strictures are healed ulcerations which in turn were caused by GERD.</li> <li>Alcohol.</li> <li>Cigarettes: notice that it is causing both squamous cell carcinoma and adenocarcinoma.</li> <li>Diverticula.</li> <li>Esophageal web: this is seen in Plummer-Vinson syndrome which is occurring in females and characterized by severe iron deficiency anemia, red beefy tongue and esophageal web.</li> <li>Hot liquids.</li> </ul>	<ul> <li>Barret's esophagus: associated with reflux of GIT (it results from GERD). Barret's esophagus develops into adenocarcinoma. Pathogenesis of Barret's esophagus:         <ul> <li>✓ Columnar lined epithelium.</li> <li>✓ Caused by: gastroesophageal reflux.</li> <li>✓ It starts with intestinal metaplasia → low-grade dysplasia</li> </ul> </li> <li>Fat (obesity).</li> <li>Mutation of p53 gene.</li> </ul>			
Morphology:				

 $\checkmark$  <u>Gross</u>:

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- *Early lesion*: small grey-white mucosal elevations.
- *Late lesion*: tumor masses encircling the lumen.
- ✤ Types:

Polypoidal/ protruded type	60% of tumors
Flat, diffuse, infiltrative type which is spreading in the wall of esophagus	15% of tumors
Excavated/ ulcerative type which spreads into surrounding structures	25% of tumors
Superficial type (in situ)	-

✤ Image (1): normal esophagus with no abnormality.





- Image (2): showing advanced malignancy of the esophagus; there is an ulceration in the J-junction; in the middle of esophagus there is: large polypoidal tumor, which is nodular with ulceration.
- *Image (3):* showing nodular and rigid necrotic mass.



- ✤ Image (4): nodular mass involving lymph nodes.
- Image (5): ulcerative type of malignancy + stenosis (adenocarcinoma).



- ✓ <u>Histology</u>:
  - ✤ Image (6): a normal esophagus lined by stratified squamous nonkeratinized epithelium; normal submucosa and a thick muscle wall.
  - Image (7): ulceration  $\rightarrow$  mucosa is destroyed reaching the submucosa.



- Images (8) and (9): squamous cell carcinoma characterized by
   Presence of individual cell keratinization.
  - > Normal squamous epithelium with a lot of anaplasia





- Image (10): showing a normal esophageal epithelium (on the right side) and intestinal metaplasia with goblet cells (on the left side).
- ✤ Image (11): adenocarcinoma characterized by glands lined with abnormal nucleated cell (nuclear polymorphism); necrosis and frequent mitotic.



• Staging esophageal carcinoma:

Tis	Carcinoma i	in situ	(localized to	mucosa)
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- **T1** Invades lamina propria and submucosa
- **T2** Invades muscularis propria

T3 Spreads to adventitia

- **T4** Invades adjacent structures (e.g. thyroid: rare!)
- Lymphatic infiltration of esophageal carcinoma:
  - $\checkmark$  <u>Upper third</u>: metastasize to cervical lymph nodes.
  - $\checkmark$  <u>Middle third</u>: metastasize to mediastinal and paratracheal lymph nodes.
  - $\checkmark$  Lower third: metastasizes to gastric and celiac lymph nodes.
- **Prognosis**: poor!