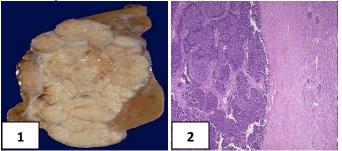
#### Unit V – Problem 10 – Pathology: Cancer of Kidney, Urinary Bladder and Prostate

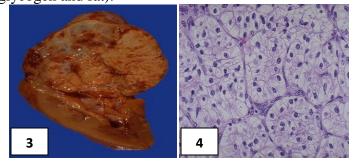
# **Important tumors in kidneys, urinary bladder and prostate:**

## • Kidneys:

- ✓ Nephroblastoma (Wilm's tumor) in children:
  - ❖ It is a common intra-abdominal tumor occurring in children < 10 years of age.
  - Occasionally bilateral (affecting both kidneys).
  - ❖ It is a highly malignant tumor arising from mesoderm (renal blastema). At time of diagnosis, the tumor is already spread to the lungs!
  - ❖ *Gross (image-1):* big tumor presenting as abdominal mass which extends through renal capsule.
  - **❖** *Histologic features (image-2):* 
    - > Epithelial and mesenchymal tissue.
    - Primitive glomeruli and tubules.



- ❖ Excellent response when treated with a combination of nephrectomy, chemotherapy and radiotherapy.
- ✓ Renal cell carcinoma (adenocarcinoma of the kidney) in adults:
  - Commonest renal malignancy in adults (90% of cases).
  - Increased incidence with smoking and obesity.
  - ❖ Most common in men 50-70 years old.
  - ❖ Large bulging tumor at the upper renal pole.
  - ❖ *Gross (image-3):* yellowish cut surface with cysts and hemorrhage. The tumor has sharp margins due to the formation of a pseudocapsule.
  - ❖ *Histologic features (image-4):* 
    - > It is derived from renal tubular cells.
    - ➤ Presence of clear cells (clear cytoplasm because it contains glycogen and fat).



## **Spread:**

- ➤ Local: invading perinephric fat or pelvi-calyceal system.
- > Lymphatic: para-aortic lymph nodes.
- ➤ Blood: invading renal veins and metastasizing to lungs and bones.

#### **Prognosis:**

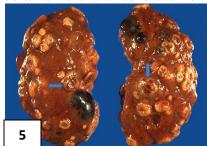
- ➤ Overall 5 year survival: 50%
- > 70% if there is no metastasis.
- > 15%-20% if renal vein is involved.



# ✓ Metastatic cancers in kidneys:

❖ Image (5) shows nodular tumors with central umbilications.

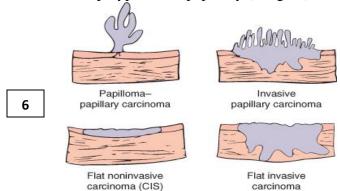




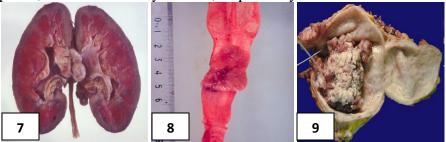
✓ Transitional cell carcinoma of renal pelvis.

## • Urinary bladder:

- ✓ Transitional cell (urothelial) carcinoma (most common):
  - ❖ Associated with: Phenacetin, smoking, aniline dyes and cyclophosphamide.
  - ❖ Notice that the behavior of these tumors can change with time to become more malignant. Malignancy is preceded by dysplasia and carcinoma-in-situ.
  - ❖ Mostly affecting white males 50-70 years old.
  - ❖ Arising anywhere in the urinary tract (but especially in the base of the bladder)
  - Often, the tumor is polypoidal or papillary (image-6):



- ❖ If the tumor is benign it will be called "transitional papilloma" while if it is malignant it will be called "transitional carcinoma".
- **\*** *These tumors present with:* 
  - > Hematuria.
  - Urinary infection and/or obstruction.
- ❖ Tumor cells exfoliate (shed) into urine, so cytological examination of urine can sometimes help in diagnosis.
- ❖ Images (7), (8) and (9) showing transitional cell carcinoma of renal pelvis, ureter and urinary bladder, respectively.



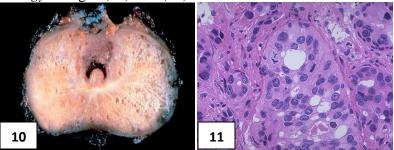
- ✓ Squamous cell carcinoma of the bladder (rare!):
  - \* Risk factors: Schistosoma hematobium infection (common in middle east), chronic cystitis, smoking and chronic nephrolethiasis.

- **Prostate**: main causes of prostatic enlargement:
  - ✓ Benign Prostatic Hyperplasia (BPH):
    - ❖ Affecting most males around age of 50.
    - ❖ Incidence and severity increase with age (75% by 70s).
    - ❖ There will be hyperplasia of connective tissue and glands (prostate = 60-100 g instead of the normal 30 g).
    - ❖ Involving more the central parts of the gland especially the median lobe.

## ✓ Adenocarcinoma of prostate:

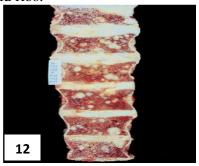
- ❖ It is the commonest male cancer.
- ❖ Family history increases the risk (X2 or X3).
- ❖ Common in elderly (60s to 80s) or younger patients with family history.
- \* Risk factors: age, race, family history, hormone levels and environmental factors (increased consumption of fats!).
- ❖ The carcinoma is arising from Prostatic Intraepithelial Neoplasia (PIN) and is androgen-dependent.

❖ *Morphology*: images (10) and (11):



## **Spread:**

- ➤ Local: seminal vesicles and base of bladder.
- ➤ Lymphatic: spread is common and often before spread through blood going initially to obturator lymph nodes.
- ➤ Blood (image-12): Lumbar spine, proximal femur, pelvis, thoracic spine and ribs.



#### **\*** *Markers*:

- Prostate Specific Antigen (PSA).
- Prostatic acid phosphatase.

