



- **Case: newborn tachypneic and dusky (cyanosed).**

- **What further questions would you ask about his condition?**
  - ✓ How old is he? he is 4 hours old.
  - ✓ What is the gestational age and his weight? 39 weeks; 3.5 kg.
  - ✓ The mother is 28 years old; G2 P1.
  - ✓ Pregnancy was uneventful with normal vaginal delivery and clear amniotic fluid.
  - ✓ APGAR scores: 8<sup>1</sup>, 9<sup>5</sup>
- **You have to measure the Respiratory Rate (RR) since the baby is tachypneic:**
  - ✓ Notice that the normal (RR) for a newborn is between 40-60. A newborn is considered to be tachypneic if the (RR) is > 60.
  - ✓ The normal (RR) in adolescents/adults is < 20
- **You have to measure oxygen saturation via pulse oximetry since the baby is cyanosed.**
  - ✓ Normally, oxygen saturation must be > 95%.
  - ✓ In the first few hours after delivery, it is normal that oxygen saturation is low but after 4 hours it must reach normal values.
  - ✓ In this newborn, oxygen saturation was:
    - ❖ 71% from hands.
    - ❖ 93% from legs.

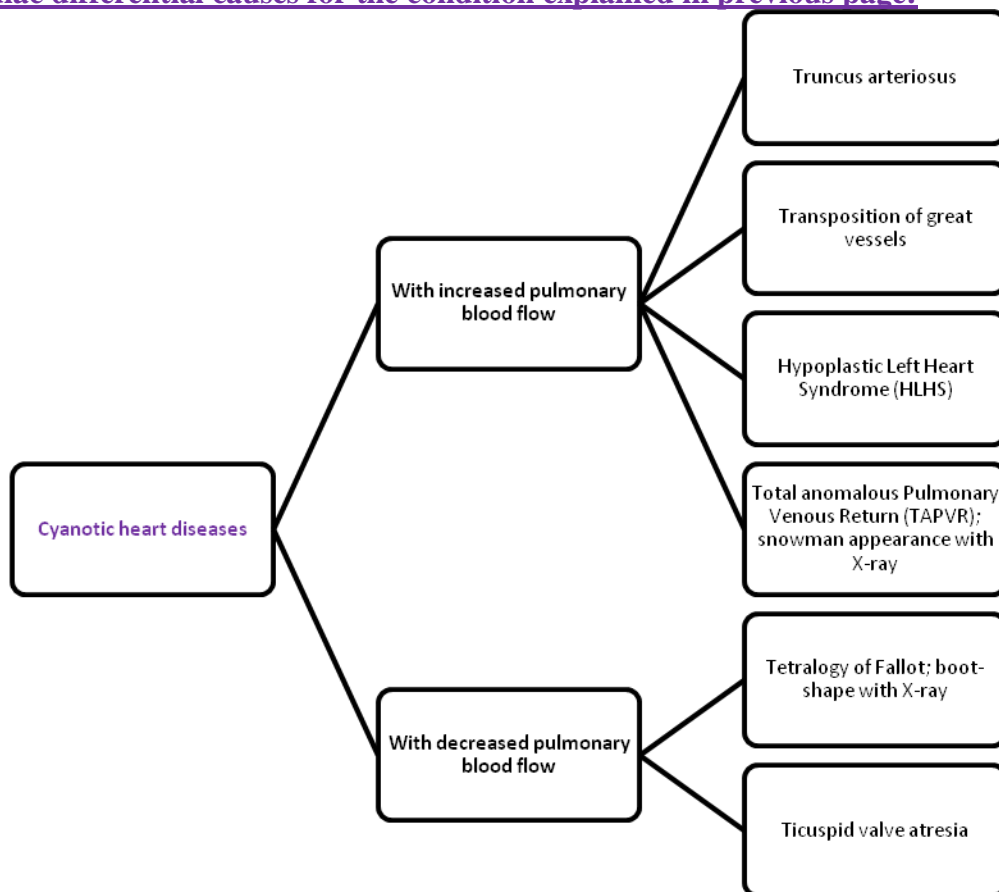
This gives you a hint to think about transposition of great vessels.
- **Vital signs:**
  - ✓ Temperature: 36.8 C (normal temperature).
  - ✓ Heart Rate (HR): 142 beats/ minute. Notice that normal neonatal (HR) is between 110-160 beats/minute.
  - ✓ Respiratory Rate (RR): 72 (the baby is tachypneic as mentioned in the history).
  - ✓ Blood Pressure (BP): 68/45 mmHg (It is normal that BP in newborns is lower than values in adults).
- **Heart examination:**
  - ✓ Normal precordial impulse.
  - ✓ Normal S1
  - ✓ Loud S2
  - ✓ No murmurs.
  - ✓ No clicks or gallops.

The rest of physical examination is normal.
- **Chest X-ray showed:**
  - ✓ Mild cardiomegaly.
  - ✓ ↑ pulmonary vascularity.
- **Arterial Blood Gas (ABG):**
  - ✓ PCO<sub>2</sub> = 32 (due to tachypnea which causes washout of CO<sub>2</sub>).
  - ✓ HCO<sub>3</sub> = 20
  - ✓ Oxygen saturation = 73%
- **Complete Blood Count (CBC):**
  - ✓ Hb = 17.4 (normal).
  - ✓ WBC = 14,500 (normal).
  - ✓ A blood culture must be done to check for sepsis which can occur even with normal or low temperature.



- **Respiratory differential diagnosis for the condition explained in previous page:**
  - **Respiratory Distress Syndrome (RDS):** which is more common with prematurity (this explains the need to ask about the gestational age in history).
  - **Transient Tachypnea of Newborn (TTN):** it goes away after 4-8 hours and does not cause cyanosis (so it cannot be applied on our case).
  - **Pneumonia** (the newborn has no fever).
  - **Sepsis** (the blood culture was negative).
  - **Meconium aspiration** (in the history, it was mentioned that the amniotic fluid was clear).
  - **Pneumothorax.**
  - **Diaphragmatic hernia** (which is diagnosed by increased bowel sounds in the chest. Suppose this condition is not present in our case).

- **Cardiac differential causes for the condition explained in previous page:**



- **Cyanotic heart disease is best diagnosed with echocardiography which showed that our case had:**

- **Transposition of great vessels with PDA, ASD and intact ventricular septum.**  
Notice that PDA and ASD must be present when there is transposition of great vessels to provide a communication.

- **What would be your management for this case?**

- **Temporarily measures:**
  - ✓ PGE<sub>1</sub>
  - ✓ Balloon arterial septostomy.
- **Definitive treatment:**
  - ✓ Arterial switch operation.