



- **The problem of this week:** neutropenic patient presenting mainly with fever and septicemia which resulted in septic shock.
- **Septic shock:** results from arterial vasodilation and venous blood pooling that stems from systemic immune response to microbial infection.
- In a patient presenting with septic shock, a blood sample must be taken and culture is done.
- **Question:** why do we need to culture the blood?
 - **Answer:** because the amount of organism in the blood is not enough to be detected or examined directly by the microscope, so we need the organism to multiply and grow.

Procedure:

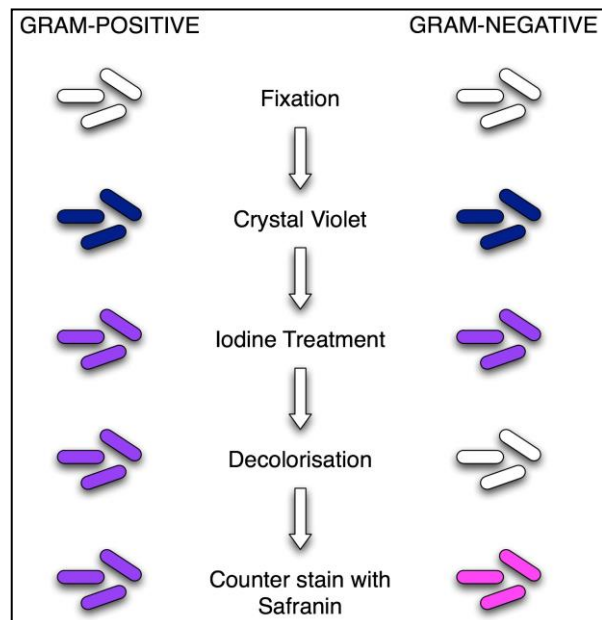
- Tie a tourniquet around the patient’s arm.
- Clean the area with 70% isopropyl alcohol (defatting: removing fat present on the skin at the site where blood will be taken). Start cleaning from the center and going out in one direction.
- Insert the vacutainer in the median cubital vein. This vacutainer allows the blood to be directly withdrawn from the patient to blood culture bottle.
- A specific amount of blood will be withdrawn by a specific pressure present inside the blood culture bottle.
- There are different types type of culture media bottle each used for a specific age of the individual.



| Children | | |
|----------------------|------|--------------------------|
| <2 years | 2ml | In one set* of bottles |
| 2-5 years | 8ml | In two sets of bottles |
| 6-10 | 12ml | |
| 11-15 | 20ml | |
| | | |
| >15 years and adults | 30ml | In three sets of bottles |

* = sets of bottles = aerobic & anaerobic

- The culture bottle has two types of media (solid & liquid). In addition, it contains beads which have the capacity to absorb CO₂. After blood is withdrawn from the patient directly into the bottle it will be placed in an incubator → if an organism is present and it produces and multiplies → CO₂ will be released and taken by those beads → and this is going to be detected by the machine.
- **If the result of the culture is (-)** → a blood smear will be taken and examined → if still (-) → blood smear will be examined again after 48 hours, 72 hours, 1 week & 21 days → if the organism is detected in the smear → a sub-culture will be produced.
- **Note:** the blood smear will be examined under the microscope after it is stained by Gram stain. The procedure of Gram stain is shown in the figure.





- **Opportunistic infection:** is an infection which is caused by opportunistic microorganisms that usually do not cause disease in healthy host (one with a healthy immune system). A compromised immune system, however, presents an opportunity for the pathogen to infect.
- **Nosocomial infection (hospital-acquired):** is an infection whose development is favored by a hospital environment, such as one acquired by a patient during a hospital visit or one developing among hospital staff.

