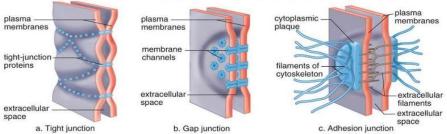
Unit I – Problem 9 – Histology: Basic Tissues of The Body



- What is the difference between cytology and histology?
 - Cytology: it is the study of the structure and functions of cells and their contents.
 - Histology: it is the study of the structure and function of tissues and organs at the microscopic levels. Notice that tissues are group of cells with similar structures and specific functions.
- There are four basic tissues which form all organs and systems of the body. Those are:

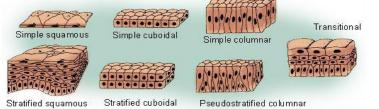
Epithelial tissue: •

- \checkmark They are avascular (do not contain blood vessels) closely packed cells resting on a basement membrane which separates them from the vascular supporting tissue.
- They are continuously shed and being replaced by proliferation (mitosis) at basal stem cells.
- ✓ Epithelial surface specializations:
 - ✤ Apical:
 - ▶ Microvilli: increasing surface area of cells.
 - ▶ Cilia: motile surface projections involved in movement.
 - Stereocilia: long, non-motile microvilli.
 - ✤ Basal: including basement membrane and hemidesmosomes.
 - ✤ Basolateral: junctional complexes (tight, intermediate, desmosomes and gap junctions).



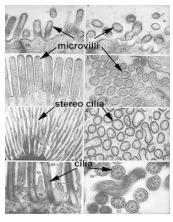
- There are two main types of epithelia:
 - Surface epithelia: tightly packed cells forming a continuous layer covering the body surface or lining body cavities.
 - ✤ *Glandular epithelia*: secretory epithelial cells forming exocrine and endocrine glands.
- Classification of surface epithelia depends on:
 - Number of cell layers:
 - Simple (one layer).
 - Stratified (more than one layer).
 - Pseudostratified (one layer but appears to be more than one).
 - Shape of cell layers:
 - Squamous (flat nucleus).
 - Cuboidal (round nucleus).
 - Columnar (oval nucleus).

Types of Epithelium

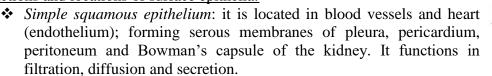


Pseudostratified columnar

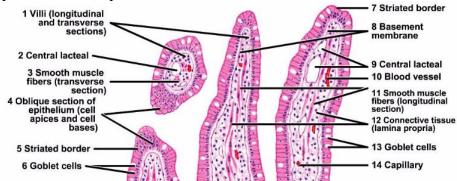
Stratified cuboidal



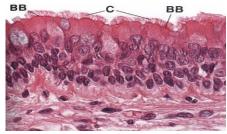
✓ Functions and locations of surface epithelia:



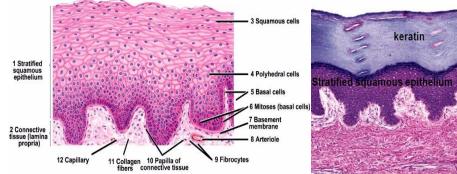
- Simple cuboidal epithelium: it is located in thyroid gland, ducts of many glands and kidney tubules. It function in covering, secretion and absorption.
- Simple columnar epithelium: it is located in stomach, small intestine, large intestine, gallbladder, uterus and uterine tubes. It functions in protection, absorption and secretion.



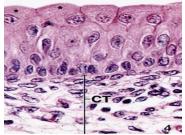
Pseudostratified columnar ciliated epithelium with goblet cells: it lines the respiratory passages and functions in protection, secretion and transport.



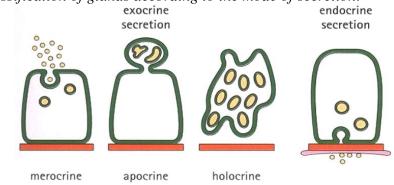
- Stratified squamous non-keratinized (moist): it is found in mouth, esophagus, anus, vagina and cornea. It functions in protection and secretion.
- Stratified squamous keratinized epithelium: it is found in the epidermis of the skin for protection.



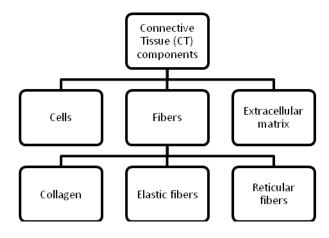
✤ Transitional epithelium: it is found in urinary tract (bladder and ureter). It functions in protection and distention.



- ✓ <u>Glandular epithelia:</u>
 - *There are two main types:*
 - Exocrine: transport their secretion by ducts.
 - Endocrine: release their secretion directly in the blood stream (i.e. ductless).
 - Classification of glands according to the mode of secretion:



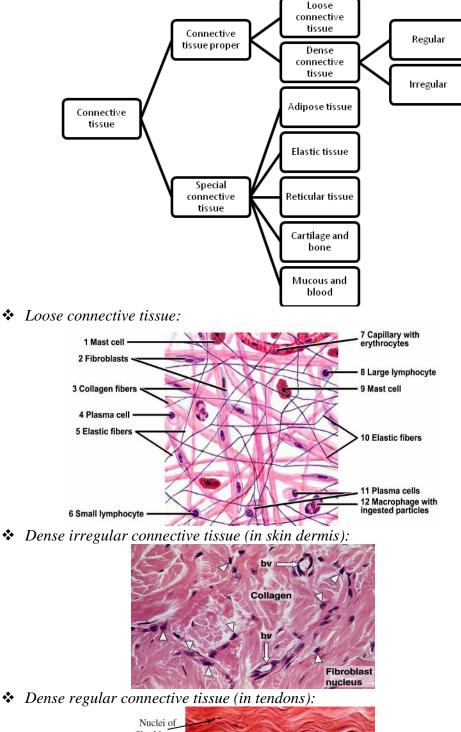
• Connective tissue (it supports and connects tissues and organs):

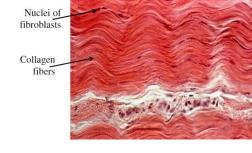


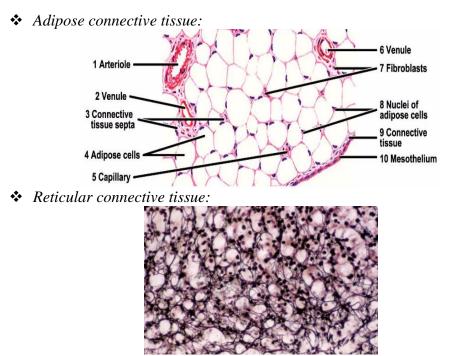
- ✓ Extracellular matrix:
 - It is mainly composed of proteins and glycosaminoglycans.
 - *The three fibrillar components are:*
 - Collagen (tensile support).
 - Elastic (stretchable fiber).
 - Reticular fibers = type-III collagen.
- ✓ <u>Connective tissue cells:</u>
 - *Fibroblast/fibrocyte*: synthesizing fibers and extracellular matrix.
 - ✤ Adipocyte: signet-ring appearance; stores fat.
 - ★ *Mast cell*: filled with basophilic granules; increased with allergy.
 - Macrophage: derived from blood monocytes; phagocytosis and defense.
 - ✤ *Plasma cells*: arising from B-lymphocytes.
 - Leukocytes: neutrophils (defense against bacterial invasion); eosinophils (allergy).
 - Lymphocytes.
- ✓ Fibers of connective tissue:
 - ✤ Collagen fibers: tough, thick, fibrous, do not branch and most abundant. There are many types of collagen fibers:
 - > Type-I: dermis of skin, tendons and bone.
 - > Type-II: hyaline cartilage and elastic cartilage.
 - > Type-III: reticular fibers.
 - > Type-IV: basal lamina of basement membrane.



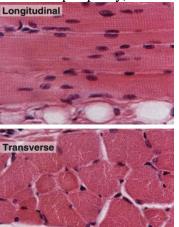
- Elastic fibers: thin, small, branching and containing elastin. They are stretchable (responsible for elastic recoil) and are present in lungs, urinary bladder, skin and large blood vessels.
- *Reticular fibers*: they form a delicate network in lymph nodes, spleen, bone marrow, lungs and liver. They are detected if the tissue is stained with silver stain.



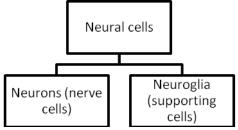




- Muscle tissue:
 - ✓ <u>It is contractile tissue responsible for movement.</u> There are three types of <u>muscle tissue:</u>
 - Skeletal (striated): voluntary, quick, forceful, cylindrical, multinucleated (nuclei are present at periphery).



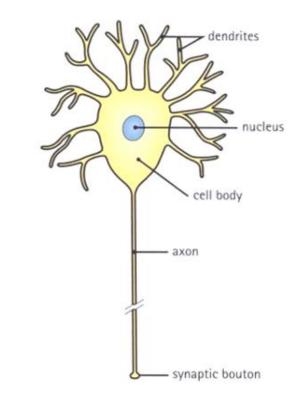
- Smooth (unstriated): involuntary and slow.
- Cardiac (striated and branched): involuntary and rhythmic.
- Nervous tissue:
 - \checkmark Forming central and peripheral nervous systems.
 - ✓ It is highly excitable and conductive of signals, integrating them and creating appropriate responses that control all body activities.



- ✓ <u>Neurons:</u>
 - They are responsible for reception, transmission and processing of stimuli and responses.
 - Each neuron consists of a cell body (soma), dendrites and an axon.
 - ↔ Neurons can be: sensory of motor; voluntary or involuntary.



Axons can be: myelinated (for fast conduction) or unmyelinated (for slow conduction).



- ✓ <u>Neuroglia are classified into five types:</u>
 - * Astrocytes: Blood-Brain Barrier (BBB).
 - ✤ Oligodendrocytes: myelin in the CNS.
 - Schwann cells: in peripheral nervous system (PNS).
 - ✤ Microglia: phagocytic cells (for defense).
 - ✤ Ependyma: Secrete cerebrospinal fluid (CSF).