# <u>Arabian Gulf University – Kingdom of Bahrain</u> <u>Year 5 – Pediatrics – 3<sup>rd</sup> Week</u> Dr. Fuad Abdulla – Discussion (Part-2)



## - Mention the criteria required to diagnose each of the following:

## • Nephrotic syndrome:

- ✓ Heavy proteinuria (> 50 mg/ kg/ 24 hours).
- ✓ Hypoalbuminemia.
- ✓ Edema.
- ✓ Hypercholesterolemia.

Notice that the most common type of nephrotic syndrome in childhood is minimal change disease, which is usually preceded by infection (2 weeks) and has a good prognosis (responding to corticosteroids: prednisolone).

• Febrile seizure (any seizure that is accompanied by a fever owing to non-CNS cause in patients from 6 months to 6 years of age):

Simple febrile seizure	Complex febrile seizure
Lasting < 15 minutes.	Lasting > 15 minutes
Generalized	Has focal features

### • Rheumatic fever (JONES criteria for rheumatic fever):

Major criteria	Minor criteria
Carditis (endocarditis, myocarditis, pericarditis)	Fever
Migratory polyarthritis	Arthralgia
Sydenham's chorea	Prolonged PR interval
Subcutaneous nodules	Increased ESR or CRP
Erythema marginatum	Leukocytosis

- ✓ <u>Diagnosis requires two major criteria or one major + two minor criteria.</u>
- ✓ Rheumatic fever occurs after throat infection with group A β-hemolytic streptococci.

#### • Kawasaki disease:

- ✓ Fever > days + the following:
- ✓ CREAM:
  - ❖ *C*: Conjunctivitis (non-exudative).
  - \* R: Rash (on general parts of the body and genitals area).
  - **\Leftrigorangerrightarrow** E: Edema (or Erythema of hands or feet).
  - ❖ A: Adenopathy (cervical, often unilateral).
  - ❖ M: Mucosal involvement (erythema or fissures or crusting).

#### • SLE:

SLL.	
Skin criteria	1. Butterfly rash
	2. Discoid rash
	3. Photosensitivity
	4. Oral ulcers
Systemic criteria	5. Arthritis
	6. Serositis
	7. Kidney disorder
	8. Neurologic disorder
Laboratory criteria	9. Hematologic abnormalities
	10. Immunologic disorder
	11. Antinuclear antibody (ANA).