

Unit II – Problem 1 – Clinical and Radiology: Upper Airway Obstruction

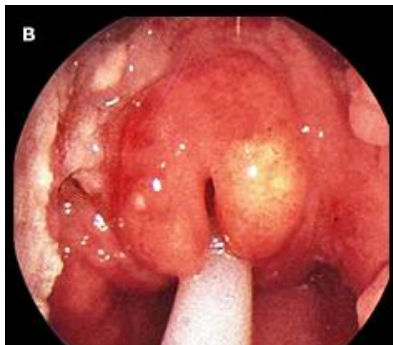


- Epiglottitis:

- It is an acute inflammation and edema of epiglottis that is caused by Haemophilus influenzae type-B (HIB) in children between 2-7 years. Nowadays it is rare, due to routine vaccination.
- **Clinical features:** high-grade fever (because it is a bacterial infection), muffled speech, dysphagia with drooling and child sitting in tripod position with neck being hyperextended.
- **Investigations:** CBC (shows leukocytosis), blood culture (positive if it is caused by HIB) and chest X-ray shows the (thumb sign). If visualized with bronchoscope: erythematous swollen epiglottis can be seen (but this is not done because airway obstruction and respiratory arrest can occur at any moment. This condition is a pediatric emergency).
- **Management:** patient is intubated and given IV 3rd generation cephalosporins (ceftriaxone).



Tripod position



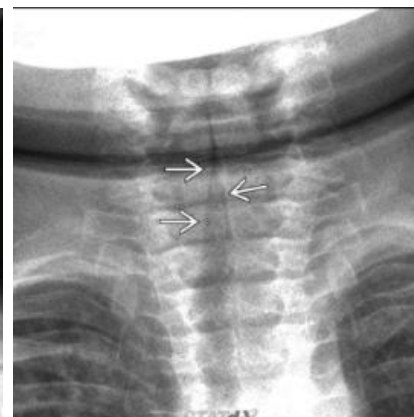
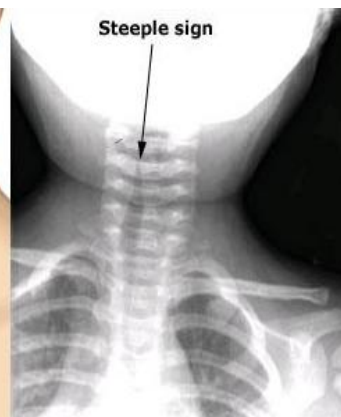
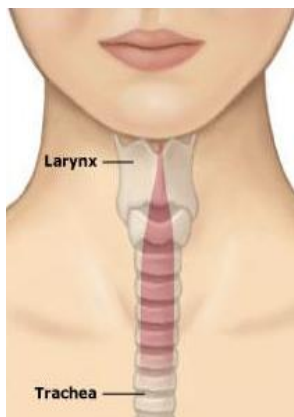
Swollen epiglottis



Lateral x-ray showing thumb sign

- Croup:

- It is an inflammation of larynx, trachea and bronchi that occurs between ages of 3 months to 3 years and is most commonly caused by parainfluenza virus.
- **Clinical features:** low-grade fever (because it is a viral infection), inspiratory stridor and barking cough.
- **Investigations:** anterior-posterior view of neck X-ray will show the (steeple sign). It is also known as “pencil tip” or “inverted V” configuration.
- **Management:** mainly supportive (cool mist and fluids). Hospitalization is only indicated for children in respiratory distress.





- **Foreign body aspiration:**

- Aspiration of small objects that commonly occur between the age of 3 months to 5 years. Commonly aspirated objects include: nuts, medicine, popcorn, grapes and small toy parts.
- **Clinical features:** history of choking, inspiratory stridor with laryngotracheal foreign bodies, localized wheezing with bronchial foreign bodies (most commonly the right bronchi because it is shorter, less oblique with a wider diameter) and asymmetric air entry on auscultation.
- **Investigations:** radiopaque objects appear in CXR only in 15% of cases! Therefore, you must have a high index of suspicion!
- **Management:** BLS (don't do it if the child is fine because you might dislodge the foreign body); removal of the foreign body is done through rigid bronchoscopy.

